Aditya Hridayam

आदित्यहृदयस्तोत्रम्

SHLOKA

1 Tato yuddha parishrantam samare chintaya sthitam.
Ravanam chagrato drishtva yuddhaya samupasthitam.

2 Daivataish cha samagamya drashtum abhyagato ranam.
Upagamyabravid Ramam Agastyo bhagavans tada.

3 Rama Rama mahabaho shrinu guhyam sanatanam.
Yena sarvan arin vatsa samare vijayishyase.

4 Aditya hridayam punyam sarva shatru vinashanam.
Jayavaham japam nityam akshayam paramam shivam.

5 Sarva mangala mangalyam sarva papa pranashanam.
Chinta shoka prashamanam ayur vardhanam uttamam.

6 Rashmimantam samudyantam devasura namaskritam.
Pujayasva Vivasvantam Bhaskaram bhuvaneshvaram.

7 Sarva devatmako hy esha tejasvi rashmi bhavanah.
Esha devasura gananl lokan pati gabhastibhih.

8 Esha Brahma cha Vishnush cha Shivah Skandah prajapatih.
Mahendro dhanadah kalo Yamah Somo hy apam patih.

9 Pitaro vasavah sadhya ashvinau maruto manuh.
Vayur vahnih prajah prana ritu karta prabhakarah.

10 Adityah savita suryah khagah pusha gabhastiman.
Suvarna sadrisho bhanur hiranya reta divakarah.

11 Haridashvah sahasrarchih sapta saptir marichiman.
Timironmathanah shambhus tvashta martandakonshuman.

12 Hiranyagarbhah shishiras tapanohaskaro ravih.
Agnigarbhoditeh putrah shankhah shishira nashanah.

13 Vyomanathas tamobhedi rig yajuh sama paragah.
Ghana vrishtir apam mitro vindhya vithi plavangamah.

14 Atapi mandali mrityuh pingalah sarva tapanah.
Kavir vishvo maha teja raktah sarva bhavodbhavah.

15 Nakshatra graha taranam adhipo vishva bhavanah.
Tejasam api tejasvi dvadashatman namostu te.

16 Namah purvaya giraye pashchimayadraye namah.
Jyotirgananam pataye dinadhipataye namah.

17 Jayaya jaya bhadraya haryashvaya namo namah.
Namo namah sahasransho adityaya namo namah.

18 Namah ugraya viraya sarangaya namo namah.
Namah padma prabodhaya prachandaya namostu te.

19 Brahmeshanachyuteshaya surayaditya varchase.
Bhasvate sarva bhakshaya raudraya vapushe namah.

20 Tamoghnaya himaghnaya shatrughnayamitatmane.
Kritaghnaghnaya devaya jyotisham pataye namah.

21 Tapta chamikarabhaya haraye vishvakarmane.
Namas tamobhinighnaya ruchaye loka sakshine.

22 Nashayaty esha vai bhutam tam esha srijati prabhuh.
Payaty esha tapaty esha varshaty esha gabhastibhih.

23 Esha supteshu jagarti bhuteshu parinishthitah.
Esha chaivagnihotram cha phalam chaivagnihotrinam.

24 Devash cha kratavash chaiva kratunam phalam eva cha.
Yani krityani lokeshu sarveshu parama prabhuh.

25 Enam apatsu krichchhreshu kantareshu bhayeshu cha.
Kirtayan purushah kashchin navasidati Raghava.

26 Pujayasvainam ekagro deva devam jagatpatim.
Etat trigunitam japtva yuddheshu vijayishyati.

27 Asmin kshane mahabaho Ravanam tvam jahishyasi.
Evam uktva tatogastyo jagama sa yathagatam.

28 Etach chhrutva maha teja nashta shokobhavat tada.
Dharayamasa suprito Raghavah prayatatmavan.

29 Adityam prekshya japtvedam param harsham avaptavan.
Trir achamya shuchir bhutva dhanur adaya viryavan.

30 Ravanam prekshya hrishtatma jayartham samupagamat.
Sarva yatnena mahata vritas tasya vadhebhavat.

31 Atha Ravir avadan nirikshya Ramam mudita manah paramam prahrishyamanah.
Nishichara pati sankshayam viditva sura gana madhyagato vachas tvareti.

Text checked against: Gita Press, Gorakhpur: Aditya Hridaya Stotram (code 211), Sanskrit with Hindi and English translation. Meanings, audio and all scripts at nityapaath.com/aditya-hridayam/