# Ganapati Atharvashirsha

## गणपत्यथर्वशीर्षम्

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MANTRA

1 Om namaste Ganapataye. tvam eva pratyaksham tattvam asi. tvam eva kevalam kartasi. tvam eva kevalam dhartasi. tvam eva kevalam hartasi. tvam eva sarvam khalv idam brahmasi. tvam sakshad atmasi nityam.

2 Ritam vachmi. satyam vachmi.

3 Ava tvam mam. ava vaktaram. ava shrotaram. ava dataram. ava dhataram. ava anuchanam. ava shishyam. ava pashchat tat. ava purastat. avottarat tat. ava dakshinat tat. ava chordhvat tat. avadhastat. sarvato mam pahi pahi samantat.

4 Tvam vanmayas tvam chinmayah. tvam anandamayas tvam brahmamayah. tvam sachchidanandadvitiyosi. tvam pratyaksham brahmasi. tvam jnanamayo vijnanamayosi.

5 Sarvam jagad idam tvatto jayate. sarvam jagad idam tvattas tishthati. sarvam jagad idam tvayi layam eshyati. sarvam jagad idam tvayi pratyeti. tvam bhumir aponalonilo nabhah. tvam chatvari vak padani.

6 Tvam guna trayatitah. tvam kala trayatitah. tvam deha trayatitah. tvam muladhara sthitosi nityam. tvam shakti trayatmakah. tvam yogino dhyayanti nityam. tvam Brahma tvam Vishnus tvam Rudras tvam Indras tvam Agnis tvam Vayus tvam Suryas tvam Chandramas tvam Brahma bhur bhuvah svar om.

7 Ganadim purvam uchcharya varnadim tad anantaram. anusvarah paratarah. ardhendu lasitam. tarena ruddham. etat tava manu svarupam. gakarah purva rupam. akaro madhyama rupam. anusvarash chantya rupam. bindur uttara rupam. nadah sandhanam. sanhita sandhih. saisha Ganesha vidya. Ganaka rishih nichrid gayatri chhandah. Ganapatir devata. Om gam Ganapataye namah.

8 Ekadantaya vidmahe vakratundaya dhimahi. tan no danti prachodayat.

9 Ekadantam chaturhastam pasham ankusha dharinam.
Radam cha varadam hastair bibhranam mushaka dhvajam.
Raktam lambodaram shurpa karnakam rakta vasasam.
Rakta gandhanuliptangam rakta pushpaih supujitam.
Bhaktanukampinam devam jagat karanam achyutam.
Avirbhutam cha srishtyadau prakriteh purushat param.
Evam dhyayati yo nityam sa yogi yoginam varah.

10 Namo vratapataye namo Ganapataye namah pramathapataye namastestu lambodarayaikadantaya vighna nashine Shiva sutaya Shri varada murtaye namah.

11 Etad atharvashirsham yodhite. sa brahma bhuyaya kalpate. sa sarva vighnair na badhyate. sa sarvatah sukham edhate sa pancha maha papat pramuchyate. sayam adhiyano divasa kritam papam nashayati. pratar adhiyano ratri kritam papam nashayati. sayam pratah prayunjano apapo bhavati. sarvatradhiyanopavighno bhavati dharmartha kama moksham cha vindati. idam atharvashirsham ashishyaya na deyam. yo yadi mohad dasyati sa papiyan bhavati. sahasravartanad Yam Yam kamam adhite tam tam anena sadhayet.

12 Anena Ganapatim abhishinchati sa vagmi bhavati. chaturthyam anashnan japati sa vidyavan bhavati. ity atharvana vakyam. brahmadyavaranam vidyat. na bibheti kadachaneti.

13 Yo durvankurair yajati sa Vaishravanopamo bhavati. yo lajair yajati sa yashovan bhavati. sa medhavan bhavati. yo modaka sahasrena yajati sa vanchhita phalam avapnoti. yah sajya samidbhir yajati sa sarvam labhate sa sarvam labhate.

14 Ashtau brahmanan samyag grahayitva surya varchasvi bhavati. surya grahe maha nadyam pratima sannidhau va japtva siddha mantro bhavati. maha vighnat pramuchyate. maha papat pramuchyate. maha doshat pramuchyate. sa sarvavid bhavati. sa sarvavid bhavati. ya evam veda. ity upanishat.

Text checked against: Gita Press, Gorakhpur: Panchadeva Atharvashirsha Sangrah (code 1800), Sanskrit with Hindi translation. Meanings, audio and all scripts at nityapaath.com/ganesh-atharvashirsha/