Narayana Suktam

नारायणसूक्तम्

MANTRA

1 Sahasra shirsham devam vishvaksham vishva shambhuvam.
Vishvam Narayanam devam aksharam paramam prabhu(pada)m.

2 Vishvatah paramam nityam vishvam Narayana Harim.
Vishvam evedam purushas tad vishvam upajivati.

3 Patim vishvasyatmeshvara shashvata Shivam Achyutam.
Narayanam maha jneyam vishvatmanam parayanam.

4 Narayanah param Brahma tattvam Narayanah parah.
Narayanah paro jyotir atma Narayanah parah.
Narayanah paro dhyata dhyanam Narayanah parah.

5 Yach cha kinchij jagaty asmin drishyate shruyatepi va.
Antar bahish cha tat sarvam vyapya Narayanah sthitah.

6 Anantam avyayam kavi samudrentam vishva shambhuvam.
Padma kosha pratikasha hridayam chapy adhomukham.

7 Adho nishtya vitastyante nabhyam upari tishthati.
Hridayam tad vijaniyad vishvasyayatanam mahat.

8 Santata sirabhis tu lambaty akosha sannibham.
Tasyante sushira sukshmam tasmint sarvam pratishthitam.

9 Tasya madhye mahan agnir vishvarchir vishvato mukhah.
Sograbhug vibhajan tishthann aharam ajarah kavih.
Tiryag urdhvam adhah shayi rashmayas tasya santata(h.

10 Santapayati svam deham apada tala mastakam.
Tasya madhye vahni shikha aniyordhva vyavasthita.

11 Nila toyada madhyastha vidyul lekheva bhasvara.
Nivara shukavat tanvi pita bhasvaty anupama.

12 Tasyah shikhaya madhye paramatma vyavasthitah.
Sa Brahma sa Shivah sa Harih sendrah soksharah paramah svarat.

Text checked against: Swami Vimalananda (ed., tr.), Mahanarayanopanisad, Sanskrit text with Sayana-based commentary and English translation, Sri Ramakrishna Math, Madras, 1986. Meanings, audio and all scripts at nityapaath.com/narayana-suktam/