Surya Chalisa

श्री सूर्य चालीसा

DOHA

1 Kanak badan kundal makar, mukta mala anga.
Padmasan sthit dhyaiye, shankh chakra ke sanga.

CHAUPAI

1 Jai savita jai jayati divakar, sahastranshu!
saptashva timirahar.

2 Bhanu! patang! marichi! bhaskar! savita! hans
sunur vibhakar.

3 Vivasvan! aditya! vikartan, martanda harirup
virochan.

4 Ambaramani! khag! ravi kahalate, ved
hiranyagarbha kah gate.

5 Sahastranshupradyotan, kahi kahi, munigan hot
prasanna modalahi.

6 Arun sadrsh sarathi manohar, hankat hay sata
charhi rath par.

7 Mandal ki mahima ati nyari, tej rup keri balihari.

8 Uchchaihshrava sadrsh hay jote! dekhi
purandar lajjit hote.

9 Mitra marichi bhanu arun bhaskar savita.

10 Surya arka khag kalikar pusha ravi.

11 Aditya nam lai, hiranyagarbhay namah kahikai.

12 Dvadas nam prem son gavain, mastak barah
bar navavai.

13 Char padarath so jan pavai, duhkh daridra agh
punja nasavai.

14 Namaskar ko chamatkar yah, vidhi harihar kau
krpasar yah.

15 Sevai bhanu tumahin man lai, ashtasiddhi
navanidhi tehin pai.

16 Barah nam uchcharan karate, sahas janam ke
patak tarate.

17 Upakhyan jo karate tavajan, ripu son
jamalahate sotehi chhan.

18 Chhan sut jut parivar badhatu hai, prabalamoh
ko phand katatu hai.

19 Arka shish ko raksha karate, ravi lalat par nitya
biharate.

20 Surya netra par nitya virajat, karna des par
dinakar chhajat.

21 Bhanu nasika vans karahu nit, bhaskar karat
sada mukh kau hit.

22 Onth rahain parjanya hamare, rasana bich
tikshna bas pyare.

23 Kanth suvarna ret ki shobha, tigmatejasah
kandhe lobha.

24 Pushan bahu mitra pithahin par, tvashta-varun
raham suushnakar.

25 Yugal hath par raksha karan, bhanuman
urasarma suudarachan.

26 Basat nabhi aditya manohar, kati manh hans,
rahat man mudabhar.

27 Jangha gopati, savita basa, gupta divakar karat
hulasa.

28 Vivasvan pad ki rakhavari, bahar basate nit tam
Hari.

29 Sahastranshu sarvang samharai, raksha
kavach vichitra vichare.

30 As jojan apane man mahin, bhay jag bij karahun
tehi nahin.

31 Daridra kushta tehin kabahun na vyapai, jojan
yako manamahan japai.

32 Andhakar jag ka jo harata, nav prakash se
ananda Bharata.

33 Grah gan grasi na mitavat jahi, koti bar main
pranavaun tahi.

34 Manda sadrsh sutajag men jake, dharmaraj sam adbhut banke.

35 Dhanya- tum dinamani deva, kiya karat suramuni nar seva.

36 Bhakti bhavayut purna niyamason, dur hatataso bhavake bhramason.

37 Param dhanya so nar tanadhari, hain prasanna jehi par tam Hari.

38 Arun magh mahan surya phalgun, madh vedanganam ravi udayan.

39 Bhanu uday vaisakh ginavai, jyeshtha indra asharh ravi gavai.

40 Yam bhadon ashvin himareta, katik hot divakar neta.

41 Agahan bhinna Vishnu hain pusahin, purush nam ravi hain malamasahin.

DOHA

2 Bhanu chalisa prem yut, gavahi je nar nitya. Sukh sampatti lahai vividh, honhi sada krtakrtya.

Text checked against: 51 Chalisa Sangrah Artiyon Sahit (Ratna Pustak Bhandar / Randhir Prakashan, Haridwar, 2004). Meanings, audio and all scripts at nityapaath.com/surya-chalisa/